WholeMan Devotion Protocol: Qualify Her

9 ways to tell if she's good, honest & respects men

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WholeMan Lifestyle proudly presents a special report by.....

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Qualify Her: 9 ways to tell if she's good, honest & respects men

Number One....

A woman should try to "earn" your respect, not expect it. If a woman is truly interested in you, she will WANT you to think highly of her. If she doesn't care about herself, and therefore you, she will just expect some level of respect to be conveyed, even if it's not near as high as it should be. A woman who adores you, will want you to adore her. She will go to great strides to accomplish this feat.

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Number Two....

A woman who respects others, will most likely have a better chance of respecting herself and YOU. Watch how she operates in public. It might be at the local coffee bar, or the grocery store or maybe the restaurant on your first or second date. If she has a genuine concern for others around her, she will have a better chance of having the same for you and your relationship. If she goes into a place expecting to be treated "first & foremost", pushes her way around and is rude when she's not given what she expects, chances are it is only a short while until she will do the same with you!!



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Number Three....

She should not be a sore loser, but rejoice in winnings of others. Play a game with her. It might be dominoes, cards or a video game. When she loses a game, see how she reacts. Now, playful teasing is fine! However, if she is a horribly sore loser, it might mean there will be even greater problems in your relationship when she doesn't get her way or if she feels she has to "win" an argument.



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Number Four....

Someone who wants to "earn" and "keep" your respect willconstantly try to improve that level of respect. In the past, when I was dating someone I really cared for, I would constantly try to make them respect me more. I would always want to look nice for the man that I was with, or do something that would either impress him or make him respect me even more. This can be conveyed by the woman "dressing up" and fixing her hair extra special. Or she might buy the type of dress or outfit that you really think looks good on her, and surprise you by wearing it on a"hot date". There are some especially strong ways that this level of respect can be shown as well. For instance, if she works really hard for a bonus at work, so that, "the two of you can go on a weekend get-a-way". This shows that she respects you enough to give a 110% at work and all around in life, as well as, she will work hard to spend special time with you! These are all signs that she will go "above & beyond the call of duty" to earn your respect & appreciation. And, when you find a female like this, you should do the same for her!!



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Number Five....

She should compliment you on your successes (and possibly reward you)! When you get that long awaited promotion, with you make a huge sale or when you win the flag-football game with the boys, she should be happy & congratulate you. If someone respects you, they will be happy when you are happy. They will also be proud of your accomplishments. If she's not, then it may be a sign she takes little interest in your enjoyments and in your life.



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Number Six....

A woman who respects you will bring negative issues to your attention in a calm and collected manner. Even when you respect someone 100%, there will still be issues.It's how you approach these issues that counts. If a woman wants to express a dislike about the relationship, a bad habit you might have or a concern, it should be conveyed in a calm, cool and collected manner. Allow her to express such issues, especially if they are approached in this regard. The goal should not be to"change" you, but to bring the issue to your attention for a possible joint understanding, before the issue is "sandbagged" for years until it hits a boiling point of no return. Allow her to speak and then try to suggest possible solutions, that would work for both of you... without changing you. During the period which you are speaking, a woman who respects you should listen attentively and try to understand your point of view, even if she might not agree. You should do the same for her. Don't melt and become some mushy, apologetic puppy dog... remember, the solution should come without completely "changing you" and leaving some mystery and "naughtiness" in the relationship.



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Number Seven....

Someone who respects their relationship, will be happy to express their enjoyment and confidence in it. If she speaks highly of you and of your relationship to her friends or her parents, let her and be happy! If she doesn't, or she approaches it like "it's no big deal", then there may be a problem. A woman who is strongly attracted to a man and their interactions will speak of them. This annoys some men. However, it is a great sign! I'd be more annoyed (if I were a man) if a woman didn't!



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Number Eight....

She will take responsibility for her own actions, and know that only SHE is capable of changing herself. Here's a big sign that some guys miss. If a woman has a lot of excuses for "why" she is the way she is, there is likely to be major issues. If you hear excuses like,"Because of the way I was raised...." or "It was all his fault. That relationship would have worked out, but it was all his fault!", she is likely to have a problem recognizing her own faults and will blame everything on others--and before long YOU. She is likely to not take responsibility for her own actions, nor respect others who play active parts in her life. If she is the type that is self-aware and recognizes her faults, you will clearly hear that conveyed in her stories of past relationships and involvements with her friends. She will not only recognize & express her faults or weak points, but she'll be proactive in correcting them. That's the type of women you want to be with.

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Number Nine....

Someone who is respectful of others is honest. Watch what she says and if she tends to falsify information. Watch not only what she says to you, but her interactions with friends. If she lies to them repeatedly- she will most likely do the same to you. Such falsifications, or "lies", are habitual. Done once, they're likely to be done a thousand times.

